



East County Food Pantry

"Connecting Neighbors with Food and Love"

Saturday Mornings from 11:00 am to 12:30 pm

www.eastcountyfoodpantry.org

971-419-0041 + eastcountyfp@gmail.com



East County Food Pantry at

Smith Memorial Presbyterian Church

2420 NE Fairview Ave + Fairview, OR 97074

www.smithmemorialpres.org

August 10, 2024

Welcome



EGGS & MEAT FOR EVERYONE TODAY!

New Summer Hours:

Due to the fact that our pantry wing is not air-conditioned, our shopping hours will be limited to 10:30am – Noon. You must be here by 11:45am and registered by noon to shop. If you are registered by noon, you will be allowed to shop regardless if it is after 12 Noon. Shopping will end when everyone who is registered by noon has shopped. If you arrive at Noon or after 12 noon, you will need to go through the drive -thru. Drive-thru closes at 12:30pm.

Upcoming Events:

"Walk for your Neighbor" 5K Walk Fundraiser, Labor Day- Sept. 2nd , 9am-Noon.

Sign your entire family up to walk while you are having your coffee and bagel today! Forms are on the tables in the Fellowship Hall. This fundraiser benefits the East County Food Pantry so we can continue to provide you the food you need.

What to do with Collard Greens:

Collard Greens are a high vitamin vegetable that can be cooked a lot of tasty ways. You can cook it plain and put a little vinegar on it to eat it or just salt and pepper. You can cook them in chicken broth with a chicken breast and then shred the chicken breast when done and you have a meal. You can cook them in water with a ham hock, (very cheap at Wal-Mart), or bacon for a wonderful comfort food dish. Any way you cook them, they are very nutritious!